INSTITUTE OF PSYCHIATRY

Prospectus

M.Phil in Clinical Psychology
Introduction

Institute of Psychiatry, the third oldest surviving mental hospital of the country, which started its existence 194 years back, has a colourful history in Mental Health of India. In 1817 this was started as a private asylum by an ex-army man- Mr. I. Beardsmore as European Lunatic Asylum, Bhowanipore with an arrangement for 50-60 European patients who were properly looked after. In 1856 during the regime of Lord Dalhousie, this hospital was taken over by the British East India Company administration and in 1922 by the British Bengal Government. In 1924 the name was changed to Mental Observation Ward, Bhowanipore. Dr. Bidhan Chandra Roy, the then Chief Minister of the State of West Bengal, upgraded this Observation Ward to the status of a regular full-scale mental hospital with 30 beds including 10 observation beds in 1950. Prof. Ajita Chakraborty started the first OPD service in the middle of 1963 in the afternoon- thrice a week and in 1989 it was incorporated as the teaching, training and research wing of the Department of Psychiatry of the Institute of Postgraduate Medical Education & Research. In the same year it was identified as the United Nations International Drug Control Programme’s Nodal Centre by the Ministry of Health, Govt. of India and in 1991, the name was changed to Institute of Psychiatry. Presently the Institute of Psychiatry is functioning as full-fledged Postgraduate Psychiatric Educational and Service. Recently this Institute has been identified as Center of Excellence for manpower development in Mental Health under National Mental Health Programme by Govt. of India.

Throughout the world a team approach essentially involving a Psychiatrist, Clinical Psychologist, Psychiatric Social Worker, Psychiatric Nursing has been recommended while working with people with mental disorders. World Health Organization has also advocated the same at several occasions. However any organizations offering such multi-disciplinary services/training are very few in our country. In this way IOP, Kolkata will be the pioneer in offering training in the related fields in the eastern part of the country.

The Infrastructure

As a part of a General Public Hospital regarded as a centre of excellence, IOP has sufficient infrastructure to run the course efficiently. Moreover, the constant and massive inflow of different types of patients from all over the state (and outside too), hailing from varied socio-cultural backgrounds, seek treatment from this premier institution. Currently different OPD facilities are available like General Psychiatry, Child Psychiatry, Alcohol and Drug De-addiction Clinic, Sexual Counselling Clinic, Forensic Psychiatry Clinic, OCD Clinic, Mood Disorder Clinic, Geriatric Clinic, Life Skill Education Clinic for Adolescent along with Clinical Psychology, Psychiatric Social Work and Psychiatric Nursing Services. All these opportunities make this place an ideal arena for the development of a holistic and comprehensive mental health programme. IOP works in liaison with other medical departments of IPGME&R. Inpatient strength give the opportunity to learn inpatient based management of mental illness. Posting in different relevant medical departments is another opportunity to learn.
COURSES:

1. M.Phil in Clinical Psychology (8 seats)
2. M.Phil in Psychiatric Social Work (16 seats)

DEPARTMENT OF CLINICAL PSYCHOLOGY

Beyond its implication in the field of ‘Mental Illness’, the field of Mental Health is currently seen as an integral part of the entire health system. “Clinical psychology” is one of the core disciplines in the area of mental health/illness. Department of Clinical Psychology consists of well trained and qualified faculties formed under a project under National Mental Health Programme (NMHP).

A. Services:
Clinical work in the department is through Outpatient clinics and Inpatient services. The general outpatient runs 6 days a week with both evaluation and management and follow ups. Services offered in terms of:
- IQ assessment,
- Psychological Assessment for Diagnostic Clarification
- Personality Assessment
- Forensic Psychological Assessment
- Neuropsychological assessment and cognitive retraining,
- Psychotherapy and counselling (individual, family & group)

Group therapy sessions are available (along with Psychiatric Social Work Department) for the following groups:
- ADHD Group (for children),
- ADHD Group (for parents),
- Conduct Disorder Group (for children),
- Conduct Disorder Group (for parents),
- OCD Group,
- Substance Abuse Management Group,
- Life skill Education for Adolescents

B. Training:
Department of Clinical Psychology has opened a training programme of M.Phil in Clinical Psychology as a full time 2 year long course.

The Core-Faculty for the Department of Clinical Psychology:

1. Dr. Bidita Bhattacharya
   Area of Interest: Neuropsychology, Child Psychology, Specific Learning Disability, Cognitive Behaviour Therapy, Hypnotherapy
2. Mr. Prasanta Kumar Roy
   Area of Interest: Cognitive Behaviour Therapy, Behaviour Therapy, Disaster and Trauma Management, Interpersonal Therapy, Hypnotherapy, Personality Assessment, Rorschach Inkblot Method (Exner), Childhood Psychopathology
Clinical Psychologists
1. Mr. Somdeb Mitra
   Area of Interest: Psychodynamic Psychotherapy, Psychopathology, Cognitive Neuroscience, Personality Disorder, Play Therapy, Family Therapy
2. Ms. Amrita Mitra
   Area of Interest: Health Psychology, Behavioural Medicine, Cognitive Rehabilitation
3. Ms. Rudrani Chatterjee
   Area of Interest: Positive Psychology, Childhood Disorder, Family Therapy

The Course of M.Phil in Clinical Psychology

The Government of India acknowledges the growing need for Clinical Psychologists and therefore has undertaken the project under National Mental Health Programme (NMHP) to start a course on M.Phil in Clinical Psychology from the Institute of Psychiatry, Kolkata. The Institute of Psychiatry, as already mentioned, is a centre of excellence and is affiliated to West-Bengal University of Health Sciences. The syllabus and guidelines provided by the Rehabilitation Council of India (RCI) are truly comprehensive and widely accepted across the country for successful implementation of the course. Therefore the West-Bengal University of Health Sciences accepts the syllabus and guidelines as the curriculum for the above mentioned course. The course has already obtained the RCI recognition for the current year.

Eligibility of the candidate

The applicants for the course of M. Phil in Clinical Psychology – require to have attained at least M.A./M.Sc. degree in Psychology or equivalent (3+2) from a University recognized by the UGC with a minimum of 55% marks in aggregate. For SC/ST/OBC category, minimum of 50% marks in aggregate is essential.

Syllabus of the entrance examination

The Syllabus of the entrance examination will be master degree level. The entrance examination will cover equal proportion of questions from general psychology, developmental psychology, biological psychology, social psychology, clinical psychology, psychiatry, psychological assessment, psychotherapy, personality theories, research method and statistics.

Selection Procedure

The eligible applicants require appearing for a written examination of 80 marks, which would consist of Objective (Multiple Choice) questions. Based on the written examination score candidates would be called to appear for an interview. Around double of the number of the seats available, candidates would be called to appear for the interview. Following the interview, the final merit list would be prepared considering the applicants’ past academic record as well as his/her performance in the written examination and interview.
Hostel Facility: At present hostel facility is not available, so the students have to make their own arrangements for accommodation.

The Admission Procedure for M.Phil Courses

The applicants who appear in the final merit list require seeking admission for the course after the deposition of the ascertained course fee. A waiting list would be kept prepared to let the seats be filled up in case all the applicants from the merit list do not take admission within the mentioned last date.

The Course-fee

1. Application fee with Prospectus Rs. 700.00
2. Admission fee Rs. 1000.00
3. Registration fee Rs. 1000.00
4. Tuition fee (p.a.) Rs. 5000.00
5. Laboratory fee (p.a.) Rs. 3000.00
6. Library fee (p.a.) Rs. 1000.00
7. Caution money (Library + Laboratory) Rs. 5000.00
8. Identity Card Rs. 100.00
9. Examination fee (for each year) Rs. 1500.00
10. Recreation fee Rs. 500.00
11. Department Development fee Rs. 2500.00

The other Faculty Members

As a part of the Institute of Psychiatry, the Department of Clinical Psychology would be enriched by the presence and contributions of

1. Prof. Jayanta Basu, Superintendent, IOP & Head, Dept. of Psychiatry
2. Prof. Pradip Kumar Saha, Dept. of Psychiatry
3. Dr. Shikha Mukhopadhyay, Associate Prof., Dept. of Psychiatry
4. Dr. Partha Sarathi Biswas, Assistant Prof., Dept. of Psychiatry
5. Dr. Subir Hajra Choudhury, RMO cum Clinical Tutor, Dept. of Psychiatry
6. Dr. Shikha Ghosh, RMO cum Clinical Tutor, Dept. of Psychiatry
7. Dr. Nilanjana Paul, Assistant Prof. in Psychiatry
8. Dr. Sujit Sarkhel, Assistant Prof. in Psychiatry
9. Ms. Mittu Muttu Varghese, Asst. Prof. & Head in PSW
10. Ms. Kamlesh Kumar Sahu, Asst. Prof. in PSW

In addition to the above-mentioned faculty, the IPGME&R has several departments within the hospital campus, including Neuromedicine, Neurosurgery, Paediatrics etc. The faculty members of these departments would provide their valuable inputs. Guest faculties from various other institutions will also be arranged and various academics will be organized on regular basis e.g. seminars, case conferences, journal clubs, movie clubs, workshops, exposure to different mental health institutions, placement in NGOs working in mental health field.
IMPORTANT DATES

- Complete application form (along with the DD) to be submitted from 28.08.12 to 15.09.12
- Written entrance examination: 18th September, 2012 Time: 10-00 a.m – 11-00a.m
- Merit list for interview: 19th September, 2012; at 9a.m.
- Interview: 19th September 2012 Time: 10-00 a.m. onwards
- Final Merit list: 21st September, 2012 after 2.00 p.m.
- Last date of taking admission: 29th September, 2012 by 12.00 noon
- Commencement of the course: 1st October, 2012

Ban on Ragging

Ragging is a criminal offence as per Honorable Supreme Court of India. IOP, Kolkata ensures strict compliance on the prevention of Ragging in any form.